

Refresh Week 2- with Chris Staten

Eternal Life Further Explained

As discussed in week one we discovered that once a person believes in Christ, God the Father by the power of the Holy Spirit gives them the ability to be born again. He re-creates his or hers human spirit and gives that person the same life (Gods life) that Jesus and Father have.

So why is it that with some believers, it seems as if they have never been born again, or have a relationship with Christ? It seems their life has not changed much.

Why does it seem that some of us are not experiencing this eternal life or abundant life Jesus gave us?

Why are some still enslaved to fear, anxiety, insecurity, addiction, depression, sickness?

1. Understanding you're a spirit being, you have a soul and live in a physical body.

- Man is a three-part being.

1 Thessalonians 5:23

Understanding the function of the spirit, soul and body.

In the church we have underestimated the soul. We have not put much emphasis on the soul or understanding the soul. We have only understood or thought that the spirit of man naturally takes dominance. But the spirit cannot take dominance without the permission of our soul (mind, will and emotions). Now, don't misunderstand me.

We are supposed to live out of our recreated spirit, but our spirit can not take predominance without our minds being renewed and our will surrendered to the Holy Spirit.

So how do you transform the soul (mind, will and emotions)?

2. It begins with Knowledge.

It begins with accurate knowledge of what happened at the new birth, and what you've become in Christ.

Ephesians 4:17-24; Romans 12:1,2;
Colossians 3:10; Psalms 119:130

Do away with the old ideas about yourself. See yourself as the Father and Christ sees you. You have his nature, his DNA. You are

born of His spirit and have His characteristics. **Galatians 5:22,23**

3. How to EXPERIENCE eternal life (peace, healing, wholeness) in your SOUL and BODY.

A. Submit your soul (mind, will and emotions) completely to the Word and the Holy Spirit.

James 1:21

“Therefore, putting aside all filthiness and all that remains of wickedness, in humility receive the word implanted, which is able to save your souls. But prove yourselves doers of the word, and not merely hearers who delude themselves. For if anyone is a hearer of the word and not a doer, he is like a man

who looks at his natural face in a mirror; for once he has looked at himself and gone away, he has immediately forgotten what kind of person he was. But one who looks intently at the perfect law, the law of liberty, and abides by it, not having become a forgetful hearer but an effectual doer, this man will be blessed in what he does.”

James 1:21-25 NASB

<https://www.bible.com/100/jas.1.21-25.nasb>

B. See yourself dead to the dominion of sin. We died, were buried and were raised with Christ. We identify with him in every way.

Romans 6: 2-11

Romans 8: 2-8

C. Set your affections (entire soul - mind will and emotions) on the truth.

Colossians 3:2-3

Wherever your affections are you will find your will. Jesus said where your treasure is, there will be your heart also. **Matthew 6:21**

D. Meditate on truth of who you are and yield your body. Do the word.

Stay consistent with seeing yourself the way Christ sees you. Continue to meditate on your identity in Christ and act on the word. Acting on the word renews the mind and causes the Spirit of God to change or quicken the body from the dominion of the sin nature in the FLESH.

James 1:21-25

Romans 6:12-14;18,19

It doesn't matter what the situation or need is, whether it is physical healing, strength to forgive, freedom from anxiety, depression etc; When you do the Word the Holy Spirit changes our flesh.

Romans 8:9-11

Romans 12:1,2

Hebrews 5:14